

All Things Natural



Kansas Hay

Photo: Jeanne Ray

Jeanne Ray

Our guest photographer in this issue is Jeanne Ray from Parker, Kansas. Jeanne has been a customer of our shop in Wisconsin for many years. She has provided us with scenes from her Kansas farm. These photos express a very strong connection and responsibility for the land and those she cares for.

Thanks, Jeanne!

No kind action ever stops with itself. One kind action leads to another. Good example is followed. A single act of kindness throws out roots in all directions, and the roots spring up and make new trees. The greatest work that kindness does to others is that it makes them kind themselves.

Amelia Earhart (1897-1937)

Little known fact:

Amelia Earhart learned to swim while spending summers as a child in Worthington, Minnesota (Steve's hometown).

I do feel fortunate to be the caretaker of one special piece of Mother Earth.

Jeanne Ray, Kansas

Caretakers

A caretaker is someone who is charged with looking after and being responsible for the well-being of someone or something else. It is a position of great trust. In cases where one is looking after the land, pets, or property of another, it is assumed that the caretaker should take the same care that the owner would for those things. In the case that it is a loved one that is in the caretaker's charge, one expects nothing less than that the care given should appear as though the daughter or son was providing it.

It is a wonderful thing when we can serve others, or the Earth, in that way. Honor those who serve as caretakers.



Sam and Shauna

Photo: Jeanne Ray

Marilyn Retiring

In May, one of the owners of Sheepish, Marilyn Dargin, will be retiring. As the one primarily responsible for service and communication for the online store and also the one responsible for the teas and personal product lines, her efforts, good humor, and wise counsel have played a critical role in the shop's success. We thank her for being a friend, colleague, and partner over many years.

Anne & Steve

First Fridays

For those of you able to visit the shop, there are some special days to consider. Beginning in April, and running through December (except for October), Downtown Racine shows off its shops, restaurants, bars, and galleries in a monthly street festival called "First Fridays." There is free live music and lots of activities to keep you entertained and rewarded for taking the time to stop by. The shops are open until 9 p.m. and the sidewalks will be full -- it has turned out to be quite a party! In October, the biggest festival of the year, "Party on the Pavement" will again fill the streets. There will be three stages of live music from noon until late in this family event. The date for this year's Party is October 3.



Portuguese Man-of-War on Miami Beach.
The purple warning flag is flying.

Photo: Anne Huber, 2009

New at Sheepish

Pukka Teas:



Ayurvedic teas from this English company available in the US for the first time. Our favorites so far are "cleanse", "detox" and "harmonize." Available in the store and online.

Puerh Teas from Numi:



Emperor's Puerh and Chocolate Puerh available in bags online and at the store. Puerh is one of the oldest teas, a "caravan" tea that is a smooth and ancient black. We also have an aged version in bulk.

Many new Fair Trade items from SERRV:

SERRV is a non-profit organization with the purpose of eradicating poverty in the world. To learn more about the organization and see the catalog, visit <http://www.serrv.org>. We have been



working with them as one of our Fair Trade suppliers for over 8 years. SERRV has just received the inaugural award for "Outstanding Service to the Fair Trade Community" from the Fair Trade Federation.

Selected Deep Steep products:

As natural and organic as you can get! Available in the store only at this time.



New book by Tony Somlai:

108 peace vigils. We have a number of his books in stock. They are described online under "Books by our friends."



Peace Coffee:



From Minneapolis -- we think it is the best available!

Check out <http://www.peacecoffee.com>

Florida

Florida was first inhabited by humans at the end of the last ice age -- about 14,000 years ago. The Wisconsin glacier was retreating, filling the Great Lakes, and sea levels were possibly hundreds of feet lower than today -- making Florida much larger than it is now.

Over the centuries, different groups have claimed "ownership" of this land. At the end of the day, however, it is the jellyfish and the pelicans that rule.



Key West pelican

Photo: Anne Huber, 2009

I've come to believe that each of us has a personal calling that's as unique as a fingerprint - and that the best way to succeed is to discover what you love and then find a way to offer it to others in the form of service, working hard, and also allowing the energy of the universe to lead you.

Oprah Winfrey
O Magazine
September 2002

Bon Voyage Marilyn & Tom!

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