

All Things Natural

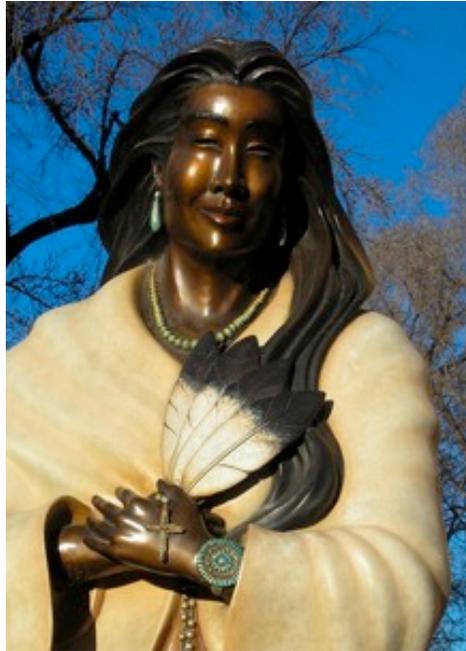


Photo: Anne Huber 2007

Blessed **Kateri Tekakwitha** (1656-1680) was born of Mohawk father and Algonquin mother. She lived a life of prayer and care for the sick and elderly. She is considered the patroness of ecology and the environment as she often felt close to God when in the woods. Upon her death, smallpox scars vanished (“she was made beautiful by God”) and at her funeral, many were healed. This statue is in front of the Cathedral of St. Francis in Santa Fe. Her depiction reminds us of Guan Yin (Kuan Yin), the Bodhisattva of Compassion, “one who hears the cries of the world.”

New and Notable (see top of next page)

- Navajo sand paintings by Larry Toledo
- Freshwater pearl jewelry from Indonesia

El Santuario de Chimayó

During Holy Week thousands of pilgrims journey to El Santuario de Chimayó, a tiny shrine north of Santa Fe, New Mexico, walking along the roadside up to 100 miles. In the darkness before daybreak on Good Friday, the pilgrims line the highway from Santa Fe carrying crosses and walking sticks, aided by the Highway Patrol and Red Cross aid stations. By Easter Sunday tens of thousands of worshipers pass through the doors of the little chapel, completed in 1816 on a site that is sacred to Pueblo people and descendants of Spanish settlers.



Photo: Anne Huber 2007

300,000 come to the Santuario each year. They come to worship, to ask for peace in the world and in their hearts, and to experience the healing touch of God. Most who visit feel a powerful and loving presence and take with them healing clay from a small pit in the chapel as a tangible reminder of their pilgrimage.

Steve and Anne participated in the pilgrimage in 2002 after being married in Santa Fe on Good Friday.

Detail from Chimayó rug at Sheepish ->



A few more new products at Sheepish

Chakra Hangings

"Siva's eyes" from Goa, India

New **Morningstar incense display**

Healthy Snacks area

Watch for **Zum Bar** Goat's Milk Soaps and Zum products

Feng Shui "**Dragon Eggs**" from Burma

In Store Specials (until April 30, 2007):

Selected Traditional Medicinal Teas \$1.99 !

Online specials (until April 30, 2007):

All Traditional Medicinal Teas 25% off.



Photos: Anne Huber 2007

Posi-Ouinge (po-see-o-wing-gay)

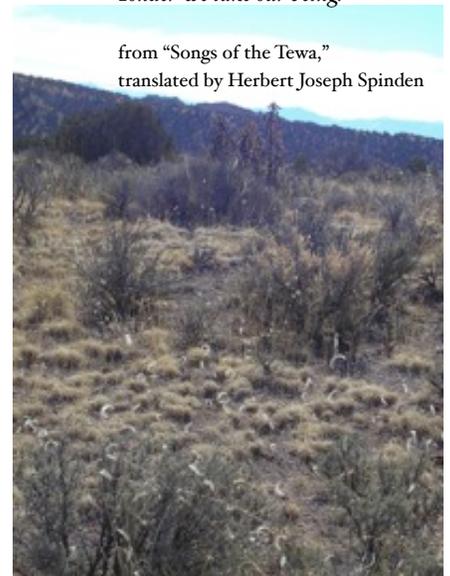
Just above the mineral hot springs at Ojo Caliente, New Mexico is the site of a large pueblo inhabited from the late 1300s until the early 1500s -- just before the Spanish came to the area. Oral histories tell that Posi was home to the ancestors of Tewa-speaking pueblo people who now live in the northern Rio Grande valley. The pueblo was abandoned after an epidemic, and the people left to found several other villages. After the Spanish came, some moved to Ohkay Owingeh, "the place of the strong people," now adjacent to Espanola (the home for many years of Yogi Bhajan -- "Yogi Tea"). The Posi site is on Bureau of Land Management land. One is to leave all artifacts -- mostly pot shards and chips of agate from making arrow and spear points.

Essential Oil Corner

We carry the largest selection of essential oils in the state -- 8 different lavenders (3 organic), three species of eucalyptus (2 organic), ... 100's to choose from. We will be glad to help you introduce essential oils into your life or blend to your specifications. Creating a personal perfume is a fun afternoon exercise!

*Long ago in the north
Lies the road of our emergence!
Yonder our ancestors live
Yonder we take our being.*

from "Songs of the Tewa,"
translated by Herbert Joseph Spinden



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