

All Things Natural

New book available soon!

Marcia Neely, who runs a wonderful shop "Honey & Herbs" outside Benson, MN (in west central Minnesota) has just completed her book 101 Herbs with Stories and Essays that describes the 101 herbs that grow on her land, their healing actions, growing conditions, and manner in which they are used. It should be available at *Sheepish* soon (and not through Amazon!). Marcia's teacher was Matthew Wood who will be in Madison June 9 for two events. Call the Community Pharmacy in Madison 608-251-3242 for more information.

Interesting Note

The Dalai Lamas are considered incarnations of the Bodhisattva (Buddha) of Compassion. Other Buddhists portray this Buddha in female form, Guan Yin (Kuan Yin) -- see the March 2007 Newsletter.



Respect for Life -- Respect for the Earth

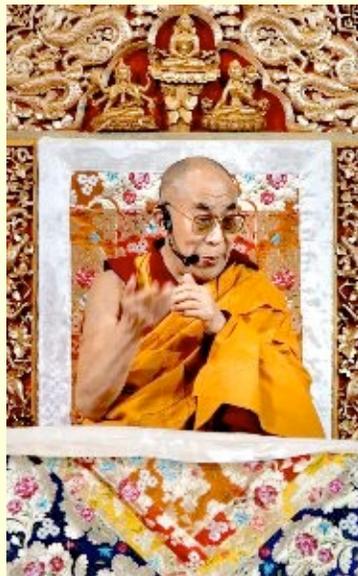


Photo: Buddhistchannel.tv

The 14th Dalai Lama in Madison.

On May 2, 3, 4, and 5 at the invitation of Ven. Geshe Sopa of Deer Park Buddhist Center outside of Madison, Wisconsin, His Holiness the Dalai Lama visited for 3 days of teachings and a public lecture. *Sheepish* sent a car full of staff and friends to each day of teaching. The Dalai Lama spoke in Tibetan and his words were expertly translated for the non-Tibetan speakers. About 1000 Tibetan people from the Madison area attended the events which were in support of the Deer Park Center's new temple.

His message repeated the importance of going deeply into whatever faith path you choose. This practice is the result of a conscious choice and is not to be taken lightly. He spoke of relating to all sentient beings with compassion. We would like to thank Deer Park for the chance of being in the presence of this exceptional man.



First Annual Chicago Green Festival

April 21 & 22, the Chicago Green Festival, jointly sponsored by Global Exchange and Co-op America, took place at McCormick Place in Chicago. It presented 300 booths, a full schedule of speakers, an organic food court and lots of energy. *Sheepish* was well-represented on each day and we met lots of our suppliers and some new ones whose products and publications you will see over the next few weeks.

Under the banner of "Green" are a lot of different strands and activities. Central to all, however, is the recognition of our responsibility as humans to the Earth and to each other. It was interesting to note how many of these ideas are becoming mainstream. This can be seen by the welcoming address by the mayor of Chicago which has publicly announced the goal to make Chicago the "greenest" city in the U.S.

A few more new products at Sheepish

Mudlark products from Illinois! Papers, journals, candles and soaps -- all beautifully packaged!

Earth Wind & Flowers balancing sprays. From their shop in Lake Geneva, WI. Essential oils and home made flower essences in these extraordinary products. Visit Deborah online at

www.earthwindflowers.com



Good Earth Soap products from Kewaunee, WI. Hand made soaps, candles and other products. In a short time they have become favorites at Sheepish! Visit them online at

www.goodearthsoap.com



Milk cards and candles. Milk greeting cards have been a favorite for a while. New ones involve animals (how could you say no to them?). Also, we just got new milk candles -- same meaningful messages.

Tibetan Prayer Wheels. Three large prayer wheels made of wood and brightly painted are now in the store (see the previous page for the biggest one).

In Store Specials (until July 1, 2007):

All store CD's \$4 off! Excludes consignment titles.

Online specials (until July 1, 2007):

Fred Soll Incense 15% off.

Note to online customers: all products mentioned are available -- Steve is just too lazy to put them up on the site. Call us toll-free for availability.



Zum Display



"Dragon Egg"

The turning-toward happiness is a valid goal, and the conscious decision to seek happiness in a systematic manner can profoundly change the rest of our lives ... let us reflect on what is truly of value in life and set our priorities on the basis of that. The purpose of our life needs to be positive. We weren't born with the purpose of causing trouble, harming others. For our life to be of value, I think we need to develop basic good human qualities -- warmth, kindness, compassion. Then our life becomes meaningful and more peaceful -- happier.

H.H The Dalai Lama in *The Art of Happiness*



The Belly Dance area at Sheepish contains coin-laden items directly imported from Egypt as well as music and instructional CD's and DVD's. Just below this area is the new drum center.

Opening Soon!

Our newest online store featuring the one-of-a-kind art and cultural products at Sheepish is being constructed. It will be found at www.thoughtfulart.com

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